

BASED IN THE UK. **SPEAKING INTERNATIONALLY.**

SPEAKER KIT



Sharon Goodway

THE CANCER MUM
CHEERLEADER

HELPING WOMEN REBUILD CONFIDENCE SO
THEY STOP PLAYING SMALL AND START
BELIEVING THEIR FUTURE CAN BE BIGGER
THAN THEIR PAST.

Can we have an honest conversation?

Most people think confidence disappears overnight.
But I don't.

I believe that it quietly disappears through life's
biggest challenges.

Through illness.

Through loss.

Through judgement.

Through comparison.

Through trying to be everything for everyone else.

And somewhere along the way...

We stop believing in ourselves, we lose ourselves.

Following my own experience of cancer, I discovered
that rebuilding confidence can't be done when you're
holding on to the past.

That it's about learning to trust the person you're
becoming.

Today I inspire women to do exactly that.



SIGNATURE TALK

Rebuilding Confidence: Finding Your Way Forward

The audience will discover:
Why confidence isn't something you're born with, but how to move forward we have to stop holding onto the past. That nothing in life has to define you, not even cancer. And that women no longer have to settle, they have the potential inside to thrive. They just need to believe in themselves again, and that trust can be rebuilt.

RECENT & UPCOMING FEATURES

**BBC3 Counties
Radio**

**MOM N REAL
HARD PODCAST**

**Take a Break
Magazine
(coming soon)**

**MACMILLAN
(COMING SOON)**

Featured by podcasts, media and community organisations, I am an emerging speaker with a growing reputation for honest, confidence building conversations.

The Workshop

A highly interactive one-hour workshop where women don't just listen... They participate, because how better to intergrate then taking action?

Activities include:

- Confidence Mirror
- Identity Reflection
- Practical confidence building exercises
- Group discussion
- Personal action plan



Rebuilding Confidence
Finding Your Way Forward

AND WHAT THEY LEAVE WITH?

They leave with:

More courage
More self-belief
More confidence
More trust
Practical tools

Booking Enquiries

UK AND INTERNATIONAL

WHO I WORK WITH

- Keynote Speaking
- Corporate Wellbeing Events
- Women's Conferences
- Healthcare Conferences
- Charity Events
- Podcasts
- Panel Discussions
- Virtual Events
- International Speaking Engagements



WHAT YOU CAN EXPECT

Honesty.

Someone who has lived through an experience that completely changed her life, but chose not to let it define her. Instead, I chose to embrace it and use it to help others.

To empower women.

To excite them.

To connect with them, as we should as humans. In a technology enriched world, human connection is key when life throws unexpected events at you.

Confidence can be rebuilt.

And my message for these women is this:

YOUR FUTURE CAN BE BIGGER THAN YOUR PAST



GET IN TOUCH

Please get in touch via:



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